

SENIOR SERVICES EVENTS & ACTIVITIES JUNE 2010

SENIOR SERVICES 292-8262 TRANSPORTATION PROGRAM 292-8261 NUTRITION PROGRAM 292-8279

monday

tuesday

wednesday

thursday

friday



	1	2	3	4
	COMMUNITY PUZZLE TIME 10:30 - 11:30 CAFÉ LUNCH ~ NOON FREE INSTRUCTIONAL CHAIR YOGA 1:00 - 2:00	SHOPPING @ GEISSLERS'S 9:00 A.C.T.I.V.E. CLASS 10:30 - 11:15 CAFÉ LUNCH ~ NOON WAREHOUSE POINT LIBRARY 1:00 - 2:00 Wii LEAGUE BOWLING 12:30 - 2:00	WALKING PROGRAM 9:30 - 11:00 FOOT CARE SERVICES 9:00 - 2:30 BY APPOINTMENT ONLY FREE BLOOD PRESSURE/SUGAR SCREENING 10:00 - 12:30 CAFÉ LUNCH ~ NOON SENIOR CLUB MEETING 1:00 - 3:00	FOOT CARE SERVICES 9:00 - 2:30 BY APPOINTMENT ONLY Wii OPEN BOWLING 10:30 - 12:00 CAFÉ LUNCH ~ NOON Wii FIT 1:00 - 2:00 SCRABBLE CLUB 1:00 - 2:00
7	8	9	10	11
SHOPPING @ WAL-MART / BIG Y PLAZA 9:00 - 11:00 A.C.T.I.V.E. CLASS 10:30 - 11:15 CAFÉ LUNCH ~ NOON WALKING PROGRAM 12:30 OPEN COMPUTER TIME 12:30 - 2:30	COMMUNITY PUZZLE TIME 10:30 - 11:30 CAFÉ LUNCH ~ NOON FREE INSTRUCTIONAL CHAIR YOGA 1:00 - 2:00	SHOPPING @ GEISSLERS'S 9:00 A.C.T.I.V.E. CLASS 10:30 - 11:15 CAFÉ LUNCH ~ NOON Wii LEAGUE BOWLING 12:30 - 2:00	WALKING PROGRAM 9:30 - 11:00 MORNING MOVIE - 9:30 - 11:45 SENSE & SENSIBLTY CAFÉ LUNCH ~ NOON FILE OF LIFE OUTREACH ASSIST. w/EW AMBULANCE 12:30 - 1:30	Wii OPEN BOWLING 10:30 - 12:00 CAFÉ LUNCH ~ NOON Wii FIT 1:00 - 2:00 SCRABBLE CLUB 1:00 - 2:00
14	15	16	17	18
SHOPPING @ WAL-MART / BIG Y PLAZA 9:00 - 11:00 A.C.T.I.V.E. CLASS 10:30 - 11:15 FLAG DAY - WEAR RED/WHITE/BLUE CAFÉ LUNCH ~ NOON WALKING PROGRAM 12:30 OPEN COMPUTER TIME 12:30 - 2:30	SPECIAL DIAL-A-RIDE TRIP ELIZABETH PARK ROSE GARDEN WALK & PICNIC LUNCH 9:00 - 1:00 CAFÉ LUNCH ~ NOON FREE INSTRUCTIONAL CHAIR YOGA 1:00 - 2:00	SHOPPING @ GEISSLERS'S 9:00 A.C.T.I.V.E. CLASS 10:30 - 11:15 CAFÉ LUNCH ~ NOON Wii LEAGUE BOWLING 12:30 - 2:00	WALKING PROGRAM 9:30 - 11:00 SPECIAL CRT - FATHER'S DAY LUNCHEON 12:00 - 12:30 SEE MENU ON REVESE SIDE CAFÉ LUNCH ~ NOON SENIOR CLUB MEETING 1:00 - 3:00	Wii OPEN BOWLING 10:30 - 12:00 CAFÉ LUNCH ~ NOON Wii FIT 1:00 - 2:00 SCRABBLE CLUB 1:00 - 2:00
21	22	23	24	25
SHOPPING @ WAL-MART / BIG Y PLAZA 9:00 - 11:00 A.C.T.I.V.E. CLASS 10:30 - 11:15 FIRST DAY OF SUMMER CAFÉ LUNCH ~ NOON WALKING PROGRAM 12:30 OPEN COMPUTER TIME 12:30 - 2:30	COMMUNITY PUZZLE TIME 10:30 - 11:30 CAFÉ LUNCH ~ NOON FREE INSTRUCTIONAL CHAIR YOGA 1:00 - 2:00	SHOPPING @ GEISSLERS'S 9:00 A.C.T.I.V.E. CLASS 10:30 - 11:15 QUASSY AMSUMENT PARK SENIOR DAY 9:00- 3:00 CAFÉ LUNCH ~ NOON SET UP FOR MONTHLY SOCIAL 1:00 - 3:00	MONTHLY SOCIAL 12:00 - 2:00 LIVE ENTERTAINMENT PROVIDED BY RICHARD MATT - THE MAGICIAN FINAL PAYMENTS DUE FOR JULY TRIPS AND SIGN UPS FOR AUGUST TRIPS	Wii OPEN BOWLING 10:30 - 12:00 CAFÉ LUNCH ~ NOON Wii FIT 1:00 - 2:00 SCRABBLE CLUB 1:00 - 2:00
28	29	30	UP COMING EVENTS:	
SHOPPING @ WAL-MART / BIG Y PLAZA 9:00 - 11:00 A.C.T.I.V.E. CLASS 10:30 - 11:15 CAFÉ LUNCH ~ NOON WALKING PROGRAM 12:30 OPEN COMPUTER TIME 12:30 - 2:30	COMMUNITY PUZZLE TIME 10:30 - 11:30 CAFÉ LUNCH ~ NOON MEET AND GREET THE SENIOR CENTER TRANSPORTATION COORDINATOR, TERESA HILL 1:00 - 2:00	SHOPPING @ GEISSLERS'S 9:00 A.C.T.I.V.E. CLASS 10:30 - 11:15 CAFÉ LUNCH ~ NOON Wii LEAGUE BOWLING 12:30 - 2:00	7/8 ~ TROLLEY MUSEUM 7/13 ~ BLUEBERRY PICKING	7/27 ~ MOHEGAN SUN CASINO TRIP 7/29 ~ JIMMEY CHEN'S CHINESE RESTAURANT 5/25/10